



**HwbGofalwyr**  
Gwent  
**CarersHub**



04<sup>th</sup> March 2026

Dear parent(s)/guardian(s),

### Identifying and supporting young carers at Castle Park Primary School

At Castle Park we are aware that some of our pupils are young carers.

*A young carer is under 18 and has a responsibility and the competency to provide age-appropriate care to someone who has a disability or a long-term illness. The care they provide is deemed essential as it allows the person they care for to maintain a level of independence and wellbeing.*

At Castle Park we are committed to ensuring that all pupils who are young carers are identified, and supported effectively.

As the Young Carers' Lead, Mrs Wadsworth has a responsibility for ensuring all young carers are able to enjoy school and make good progress.

If you think your child maybe a young carer, and you want to explore and discuss this further, please contact me by phoning, popping in or emailing [cas.primary@monmouthshireschools.net](mailto:cas.primary@monmouthshireschools.net), or fill in the form below and bring it into school in a sealed envelope addressed to me.

Alternatively, you can contact SPACE wellbeing and family support panel, to talk to a Wellbeing and Family Support Co-ordinator about your circumstances. They will then discuss your needs and advise where that support can come from. Contact them here: [SPACEWbandFamilySupport@monmouthshire.gov.uk](mailto:SPACEWbandFamilySupport@monmouthshire.gov.uk) 01633 644152 / 07970166975

**A point to note is the cared for must reside within Monmouthshire in order for an unpaid carer/young carer to receive support from Monmouthshire Young Carers Service.**

Any information that is given to us will be treated sensitively and no information will be shared without your knowledge.

Yours sincerely,  
Mrs Wadsworth



## Reply slip

Pupil's name: \_\_\_\_\_

Class: \_\_\_\_\_

Does the pupil have parents or other family members who have a long-term illness or disability, or who are affected by poor mental health or substance misuse? Please delete as appropriate:

Yes            No

If you wish, you can give further details here: (not required)

\_\_\_\_\_

\_\_\_\_\_

Would you like more information about the types of support the school provides to young carers?

Yes            No

Carers of all ages are entitled to an assessment of need via the Local Authority, please see the link below:

<https://www.monmouthshire.gov.uk/social-care/carers-project/needs-assessment/>

Adferiad also has a Gwent Carers hub, which offers a variety of services and support for unpaid carers of all ages, the Hub is based in Pontypool and is open 10am-3pm.

Services include

- Free legal advice for unpaid carers
- Discounted beauty therapies
- Wellbeing support
- Information advice and assistance
- Carers groups and activities
- Carers wellbeing panel
- Small grants

To use any part of the services you can self-refer or be referred by parents / school or support service.

Please provide a name and telephone number or email address so that we can contact you about support for your child:

Name: \_\_\_\_\_

Telephone/email address: \_\_\_\_\_